



A WEEKEND RETREAT FOR THE HOME TOUCHED BY WAR

... for the wives, mothers and all women touched by the life and service of a combat veteran, presented by Hope for the Home Front, a ministry of One Hope, Inc., in partnership with Military Ministry – Campus Crusade for Christ, Int’l.

Women, whose lives are connected to combat veterans of any era, know that the aftermath of war is a battle fought and won on the home front. Many of our returning veterans have experienced combat trauma and are dealing with the pain and confusion of Post-Traumatic stress Disorder (PTSD) and Traumatic Brain Injury (TBI). Their wives, mothers and loved ones are deeply impacted by their war experiences. Our hope is to provide a weekend experience through which these women may find hope, healing and solutions.

THE AMERICAN MILITARY FAMILY

- There are close to 700,000 spouses of active duty military personnel and approximately 500,000 reserve military spouses.
- 85% of these spouses are wives; 15% are husbands of military personnel.
- 84% of military spouses are married to enlisted men and women.
- 16% of military spouses are married to officers.

*Approximately 1 out of every 5 returning veterans
display symptoms of PTSD.*

(Rand Corporation, April 09)

- 66,000 have spouses in war zones in Iraq and in Afghanistan.
- About 1 in 10 reservists have been activated. That means that more than 86,000 spouses of reserve soldiers/sailors are also “called to duty,” scattered throughout U.S.
- Between ships, war zones, and activated reserves, about one quarter of a million spouses are alone this day, sleep alone this night, single-parenting, as her husband or his wife

FOR THE HOME TOUCHED BY WAR

This retreat will ...

- ❖ Educate and equip them with the latest updates on medical, psychological and spiritual insights about PTSD and TBI.
- ❖ Help them gain a better understanding of their own issues including Secondary Traumatic Stress and Compassion Fatigue.
- ❖ Supply them with local and national resources that are available and ready to help them and their loved ones.
- ❖ Help them build their own customized support networks and give them time to begin to construct their own plans for personal wholeness and health.
- ❖ Inspire and motivate them to get back into life as they engage in compassionate service as a part of their own healing.
- ❖ Help them rekindle their hope and renew their strength to continue their journeys.
- ❖ Provide opportunities for them to make new friends with other women who love and live with a combat veteran.
- ❖ Provide a safe, confidential environment where they can be transparent, and honor them for their service and sacrifice.

RETREAT SPEAKERS & AUTHORS



Marshéle Carter Waddell of One Hope Ministry
www.hopeforthehomefront.com; marshele.waddell@onehopeministry.com

- National & International Speaker
- 26-Year Wife of U.S. Navy SEAL (Ret) and mother of a U.S. Marine
- Author of *Hope for the Home Front: Winning the Emotional and Spiritual Battles of a Military Wife*, *Hope for the Home Front Bible Study*, and co-author of *When War Comes Home: Christ-Centered Healing for Wives of Combat Veterans*.



Rahnella Adsit of Military Ministry — a division of Campus Crusade for Christ International
www.militaryministry.org; rahnella.adsit@milmin.org

- National & International Speaker
- Co-Author of *When War Comes Home: Christ-Centered Healing for Wives of Combat*
- Proud parent of a soldier

GET INVOLVED

As you may appreciate, to organize a retreat of this nature and do it well, there is much groundwork to be laid and planning to be done. Help and assistance is needed in various ways at every location. Each retreat requires financial support, 'boots on the ground' retreat team development, planning, publicity, sponsorships, local care givers, childcare, hospitality, and so much more. We are recruiting volunteers to help us with the following areas of need:

- Funding – Scholarships for Attendees, Sponsorships during Retreat, Administrative and development costs
- Hospitality/Gift Team – partner to help with or to provide door prizes/giveaways for the attendees who are so worthy of being blessed
- Prayer Team – join with others to pray for all aspects of the planning process, staff, speakers and most importantly, the attendees
- Recruitment/Promotion Team – spread the word and encourage women to attend; Church liaison – spread the word at your church
- Care Team – walk alongside women attending Retreat for encouragement and support during weekend and after – one year commitment required, please.
- Childcare Team – help provide childcare the weekend of the Retreat and/or financially sponsor childcare for attendees' children

If you have an interest in helping in any of the above areas, we would appreciate hearing from you at info@whenwarcomeshomeretreats.com.

RETREAT LOCATIONS

We are currently exploring and/or planning for retreats in the following areas and beyond:

Colorado Springs – May 13-15, 2011, April 20-22, 2012
Virginia Beach
Fort Bragg – Fall 2011
U.S. Northwest (N. California, Washington State, Oregon)
Fort Campbell
Fort Hood
San Diego
Hawaii

If you would like to bring this retreat to your area of the world, or if you are interested in partnering with us to do so, please contact us.

CONTACT US

For more information about *When War Comes Home DON'T Retreat*, or to learn how you can bring this retreat to a location near you, contact us at:

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